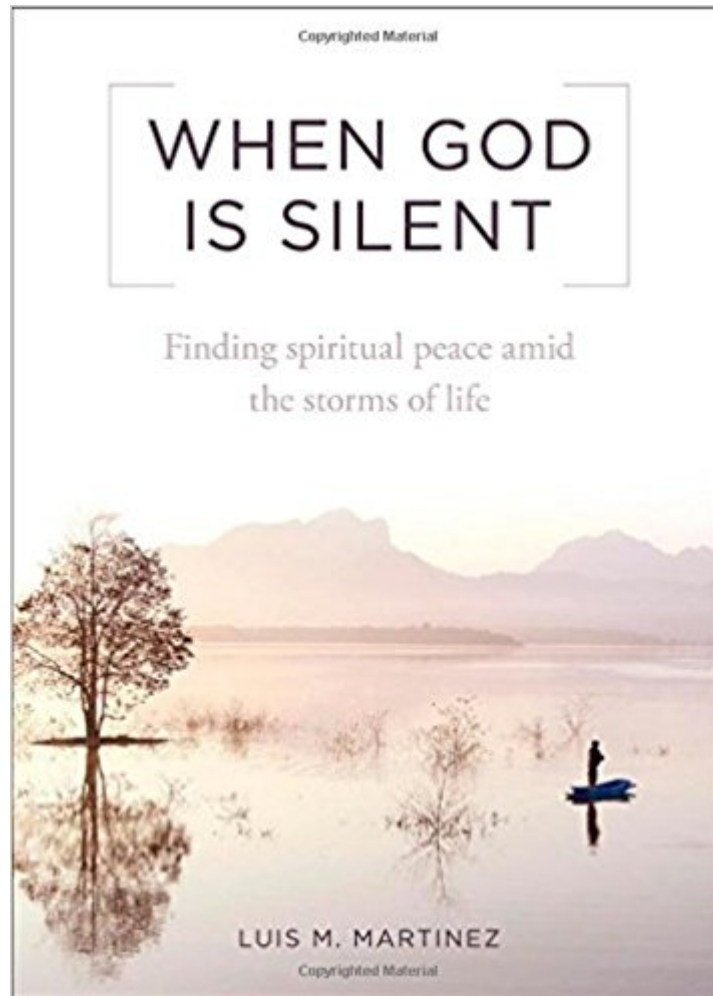




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# When God Is Silent



## Synopsis

When God Is Silent shows you how to trust God even when He seems unresponsive and remote - even when, as in the famous incident in the Gospels, He seems to sleep while you are buffeted by the storms of life. Author Luis Martinez quotes that beautiful line from the Song of Songs I sleep, but my heart is awake, and confirms that with Jesus this is indeed the case: His love for you never sleeps, no matter what. Martinez shows how you can make better sense of your life once you realize that God has actually been closest to you when He seemed farthest away; and once you learn why He often speaks to you only in silence. Best of all, Martinez teaches you the secret of true happiness, which you can achieve even amid the troubles that are inescapable elements of every human life. With sober realism and simple faith, this book will show you how to discover and then to take refuge in the comfort our Lord offers you, even when He seems to sleep. Learn to get through the times when God seems distant, as you discover: -Silence: why it's essential for all real growth in the spiritual life -Why Jesus must seem to sleep in order to refine your love and purify your soul -Jesus thirty hidden years : the important lessons they hold for your life today -Why worry? Two common reasons why people do worry and remedies for each -A simple, effective, and gentle procedure for becoming holy in your daily life -Prudence: why it s one of the most difficult and most important virtues that you must acquire while Jesus sleeps -The three paths to spiritual peace: are you taking them? Do you know what they are? -Two times that Jesus grieved and what He meant to teach you in each -Three surprising things that promote your spiritual welfare if you know how to use them -How the presence of Jesus in your life can transform your experience of suffering -The medicine of the spiritual life: why it must often be bitter -And much more that will help you endure the storms of your life with confidence that even as Jesus sleeps, He cares for you!

## Book Information

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## Customer Reviews

Fr. Benedict Groeschel A powerful masterpiece. A great gem of Catholic spirituality. Bert Ghezzi, Author, Getting Free Anyone who wants to progress in prayer or who seeks to get past blockages in spiritual growth will find graceful help here. --Personal Endorsement

These pages show you how to trust God even when He seems unresponsive and remote even when, as in the famous incident in the Gospels, He seems to sleep while you are buffeted by the storms of life. Author Luis Martinez shows how you can make better sense of your life once you realize that God has actually been closest to you when He seemed farthest away; and once you learn why He often speaks to you only in silence. Best of all, Martinez teaches you the secret of true happiness, which you can achieve even amid the troubles that are inescapable elements of every human life. With sober realism and simple faith, this book will show you how to discover and then to take refuge in the comfort our Lord offers you, even when He seems to sleep. Learn to get through the times when God seems distant, as you discover: Silence: why it's essential for all real growth in the spiritual life Why Jesus must seem to sleep in order to refine your love and purify your soul Jesus' thirty "hidden years": the important lessons they hold for your life today The characteristics of the peace of Christ: do you know how to tell it from the fleeting peace that the world gives? Why worry? Two common reasons that people do worry and remedies for each A simple, effective, and gentle procedure for becoming holy in your daily life Prudence: why it's one of the most difficult and most important virtues that you must acquire while Jesus sleeps The three paths to spiritual peace: are you taking them? Do you know what they are? Two times that Jesus grieved and what He meant to teach you in each Humility: why it's so important and how the spiritual tempests of your life help you to develop it True repentance and its counterfeits: three ways you can find the genuine article How the presence of Jesus in your life can transform your experience of suffering The medicine of the spiritual life: why it must often be bitter

"When God Is Silent" was a hidden gem among many spiritual books available to the modern reader. The theology of Jesus sleeping and the interpretation of that theology was life-changing for me. In all my years of hearing homilies (34+), I'd never realized that God was speaking through

Jesus' times of rest and sleep. Moreover, Archbishop Luis Martinez explores - in a rather mystical way - how Jesus sleeps in our hearts. I was profoundly changed by this book. It is a short, but certainly not easy, read, for I could only take a few paragraphs per day in order to fully digest each segment's meaning. All of us have experienced some sort of desert moments in our interior lives, but Martinez illuminates the grander purpose of God's seeming absence, which is really a deeper infusion of His presence, within us. "When God Is Silent" enlightened my understanding about holy darkness, a spiritual treatise I first discovered through St. John of the Cross. I realized that the moments when God seems to have withdrawn Himself from my life and has quieted the embers of zeal are moments of pruning, prayerful waiting, and cultivation of virtue that are necessary. Perhaps the next phase of life will be spiritually active, but Martinez reminds us to allow Jesus to sleep in our hearts and to provide Him a tranquil resting place for as long as He needs. In essence, this defines the depth of our love for Him when we offer Him an abode to sleep and do not receive anything from Him, but rather give of ourselves to Him instead. I would say this is not a book for the spiritual novice. It is very conducive to contemplation and interior reflection. A must-have for those who are changed by spiritual classics.

This author seems to have the secrets of an interior life. This book was very helpful to me, and I purchased another book by this author on the basis of this.

This book beautifully explains how close the Lord is to us, especially in the moments when we suffer the most. Archbishop Luis Martinez has a gift for leading us to God through his writings and this book, is one of his best. Let us not be people of little faith. Jesus may be asleep in the boat next to us when the storm hits, but he is always aware of our needs and will not fail us.

This book was an easy read and I found it informative and thought provoking. It gave me different ways of looking at how God loves me and how to feel safe in his loving arms. How to feel "peace" when life is a turmoil.

A must read to all whom have been through the loss of a loved one. It really does uplift one knowing that God is Always Listening even though it seems He is silent. We will all be reunited someday soon by simply trusting our faith in God, He knows we are here and not one wisper nor tear does He miss.....

A rare gem of spiritual thought. Beautifully written and full of deep insights into the soul and its spiritual life.

A wonderful book. I was especially moved by Bishop Martinez' description of how we must not be like the apostles who woke Jesus when he was asleep during the storm in the boat. He shows us the balance between knowing that we must always trust God during the storms in our life, but we can also go to him with all of our cares. I am looking forward to reading another book by Bishop Martinez.

I was only able to read a few pages before putting it down. I'm sure it's a good book, but it's too "flowery" for me. My wife may enjoy reading this book.

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